

## Basic First Aid

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Basic First Aid \u0026amp; CPR Training

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- Tell a bystander to get the AED and first aid kit: Point to a bystander and speak out loud.
- Use appropriate PPE: Put on gloves, if available.
- Interview the person: Uses SAMPLE questions to gather more information about signs and symptoms, allergies, medications, pertinent medical history, last food or drink and events leading up to the incident.

[First Aid Steps | Perform First Aid | Red Cross](#)

Rinse the area of the sting generously with vinegar for at least 30 seconds. If you don't have vinegar available, use a... Immerse the affected area in hot water, as hot as the person can tolerate, for at least 20 minutes or until the pain... Do not use a pressure bandage.

[10 Basic First Aid Procedures - Verywell Health](#)

Toothache: First aid Disclaimer: This information is not intended as a substitute for professional medical advice, emergency treatment or formal first-aid training. Don't use this information to diagnose or develop a treatment plan for a health problem or disease without consulting a qualified health care provider.

[First aid - Mayo Clinic](#)

The essential first aid kit should include: Anti-bacterial wipes Painkillers Gauze pads Sunscreen Medical gloves Medical instrument kit Sling Burn gel Antibiotic ointment Antiseptic wipes First aid instructions Tourniquet

[10 Basic First Aid Training Tips for Any Emergency](#)

A standard first aid kit should include: adhesive bandages of assorted sizes roller bandages of assorted sizes absorbent compress dressings sterile gauze pads adhesive cloth tape triangular bandages antiseptic wipes aspirin acetaminophen or ibuprofen antibiotic ointment hydrocortisone cream calamine ...

[Introduction to First Aid - Healthline](#)

If the victim is face down and unconscious, roll her on her back, face up. If the victim has fluid, blood, vomit or food in his mouth, roll him on his side with his arm under his head. Stop any bleeding by putting pressure on the wound. If the victim stops breathing, start CPR.

[The ABCs of First Aid Everyone Should Know](#)

Building a First Aid Kit Adhesive tape Alcohol wipes Allergy medicine Aloe vera gel Antibiotic ointment Bandages in different sizes Calamine lotion Cold packs Elastic bandages Gauze rolls and pads Hand sanitizer (for your travel first aid kit) Hydrocortisone cream Latex-free gloves Pain relievers ...

[First Aid Tips: How to Treat Burns, Cuts, and Bites](#)

Taking First Aid Classes. Red Cross first aid training gives you access to best-in-class instruction in three unique ways. Whether you prefer the interaction available in a traditional classroom setting, the freedom to learn at your own pace online, or want a combination of the two, our innovative classes can help you learn the material your way.

[First Aid Training | Train in First Aid | Red Cross](#)

5 sterile gauze pads (4 x 4 inches) (Similar item available in the Red Cross Store) Oral thermometer (non-mercury/nonglass), also within the Deluxe All Purpose First Aid Kit. 2 triangular bandages (Similar item available in the Red Cross Store) Tweezers. Emergency First Aid guide.

[Make a First Aid Kit | Supplies & Contents | American Red ...](#)

Basic online first aid course Login to view modules Register Below are the modules for our online first aid course. You do not have to take them in a particular order, however, if you are totally new to first aid it may help to start at the beginning. At the end of each module there is a first aid quiz where you can test your knowledge.

[Free online first aid course | First Aid for Free](#)

Learn simple first aid skills. Be confident to help someone in an emergency. Start learning these simple first aid skills: Arrow

icon. First aid for someone having a severe allergic reaction (anaphylaxis) Arrow icon. First aid for someone who is having an asthma attack. Arrow icon.

*Learn key first aid treatments with the British Red Cross*

First Aid First aid refers to the emergency or immediate care you should provide when a person is injured or ill until full medical treatment is available. For minor conditions, first aid care may be enough. For serious problems, first aid care should be continued until more advanced care becomes available.

*First Aid Basics - Lesson One - NHCPS.com*

Learn basic first aid information and treatment procedures and instruction, first aid kits, and more.

*First Aid Guide and Emergency Treatment Instructions*

How to Do Basic First Aid Method 1 of 4: Performing the Three Cs. Check the surroundings. Evaluate the situation. Are there things that might put... Method 2 of 4: Caring for an Unconscious Person. Determine responsiveness. If a person is unconscious, try to rouse them... Method 3 of 4: Treating ...

*4 Ways to Do Basic First Aid - wikiHow*

carry out basic first aid Find out what to do after an incident If someone is unconscious and breathing If an adult is unconscious but breathing, and has no other injuries that would stop them being moved, place them in the recovery position until help arrives.

*First aid - NHS*

That's why, when you take our first aid certification classes, you'll also receive free online access to our first aid refreshers and a printable list of the basic steps for performing first aid. This way, you can practice your skills regularly, and keep reminders in the places you might need them most, like in the first aid kit in your car ...

*First Aid | Learn How to Perform First Aid | Red Cross*

First aid is the first and immediate assistance given to any person suffering from either a minor or serious illness or injury, with care provided to preserve life, prevent the condition from worsening, or to promote recovery.

*First aid - Wikipedia*

We have created this high-quality training to help you gain sufficient awareness of first aid - you never know when you may need to use first aid skills in a...

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